

Are YOU READY...

to be a chiropractor?
a leader?
a role model?
an educator?



SHERMAN COLLEGE
of CHIROPRACTIC

Are YOU READY to change lives?

Chiropractic offers a natural, proactive approach to health care that focuses on eliminating misalignments of the spine (called vertebral subluxations) that can interfere with the body's ability to heal.

As a Doctor of Chiropractic, you'll develop the skills and expertise to help people achieve their best health and life without invasive surgery or potentially harmful drugs.



At Sherman College, we're adjusting the world for a better future.

Sherman College was founded in 1973 by Dr. Thomas A. Gelardi to nurture and advance a simple and powerful idea: that all healing comes from above-down, inside-out. The brain coordinates the body from above-down in order to express optimum healing and health from the inside-out. This principle is represented in Sherman College's logo by the four arrows.

In founding Sherman College, Gelardi sought to protect and advance the philosophy of chiropractic as being vertebral subluxation-centered. He envisioned an environment where chiropractic could be studied, advanced, taught and then shared worldwide for the ultimate good of humanity. Sherman College carries on that purpose today. Sherman provides a quality chiropractic education remaining consistent with the principles, goals and objectives of the profession. Sherman College was founded on principle and will prosper on principle.

Are YOU READY to improve health and wellness?

Chiropractic philosophy focuses on the idea that connections between the brain and the body work best when there is no interference in the nervous system, which is responsible for carrying messages from the brain throughout the body.

If the bones of the spine shift out of place or don't move properly, the resulting misalignment (vertebral subluxation) causes interference in brain/body communication and hinders the body's natural ability to self-regulate and heal. Even small misalignments of the spinal bones can cause big problems with brain-body communication.

Doctors of Chiropractic remove these interferences by gently adjusting the spine to restore proper nerve function and help patients enjoy their full potential for health and optimal performance.

Are YOU READY for a meaningful career?

Many Sherman grads will tell you that chiropractic is more than a job ... it gives them a sense of purpose. As a chiropractor, you'll serve the people in your community, sharing a valuable philosophy of life and health. As consumer demand for a more natural, less invasive approach to health care continues to grow, chiropractors will remain in high demand.

Choose your path to success

Chiropractic career opportunities include solo practice, associate doctor, multidisciplinary clinic team member, sports team chiropractor, fitness facility chiropractor, educator/administrator, researcher and more. Many chiropractors specialize in certain areas, working with children, athletes, military personnel or even animals.



Why Sherman?

- Hands-on instruction begins in your first quarter of study at Sherman.
- Our low student-faculty ratio means instructors are able to mentor you.
- Faculty are experts in their fields of study and treat you like a colleague.
- We are a family ... everyone knows your name, including the president!

7%

Expected growth of chiropractic employment from 2018 to 2028
(faster than the average for all occupations)
Bureau of Labor Statistics

Rated a Top Job

Fast Company magazine

One of America's Most Surprising Six-Figure Jobs

Forbes

\$85,900

Annual wage estimate for a chiropractor
Bureau of Labor Statistics

READY to help patients heal from the inside out

Angelica Lopez planned on becoming a medical doctor because she wanted to help people feel better. When she learned about chiropractic, her plans soon changed.



Angelica N. Lopez
Class of 2020
Hometown: Caguas, Puerto Rico

“I realized that helping people using medications and invasive procedures wasn’t what I wanted,” Angelica said. “In chiropractic, we help people heal from the inside out.”

Angelica was enrolled at another university but attended a Showcase Sherman Weekend with a close friend who was already a Sherman student. She felt comfortable from the moment she stepped on campus and quickly decided Sherman was a better fit for her studies.

“The family environment was definitely the main reason I decided to transfer to Sherman College,” Angelica said. “Since day one, the faculty has been with me every step. I have been successful in this school and have never regretted the change.”

She appreciates the open-door policy of her professors and their willingness to share their own experiences to help students be successful in their own future practices. Angelica plans to focus on chiropractic for infants and children and pregnant women in her practice.

Angelica serves as a Sherman Student Ambassador, working to ensure prospective students have an enjoyable visit and giving students a first-hand perspective on the journey to becoming a chiropractor. Not only does she enjoy sharing her experiences with future students, it also has helped affirm what she feels called to do with her life.

“Chiropractic is not a career you choose; it is a career that chooses you,” Angelica said. “My advice to future students is to come to Sherman with an open mind, be ready to learn from everyone and every experience and, most importantly, persevere.”

READY to bring better health to patients searching for answers



Dr. Sam ('15) and Dr. Joe ('17) Messina
Practicing in Lexington, SC

Vital
Chiropractic

Sam Messina was working as a dental hygienist with plans for dental school, but when she sought chiropractic care for work-related numbness in her hand, her career plans suddenly changed.

“Chiropractic felt way more in alignment with the way I was living my life,” she said. “I loved seeing so many families getting healthy, so I quickly switched my career path for grad school,” said Dr. Sam.

She looked at numerous chiropractic colleges but Spartanburg’s small-town vibe and the family feeling on campus reminded her of home in Beacon Falls, Connecticut.

Her husband, Joe, was on track to become a nurse anesthetist when he moved south to join Sam while she was in graduate school. Chiropractic was not part of his career plan.

“I told Sam there was no way I would become a chiropractor because I wasn’t sure I wanted to do the extra school,” said Dr. Joe. “The more she taught me about the Sherman philosophy, the more I realized it aligned with our way of life. Once I learned what chiropractic truly was, I knew it was the career I was called to do.”

The couple opened their office in Lexington, South Carolina, right after Dr. Sam graduated.

“We’ve seen great results with so many people in our community and it has been a great fit for our office,” said Dr. Joe.

This dynamic duo is driven by their desire to educate patients on what is truly possible for their health.

“For some people, the thought process of natural healing is very new to them,” said Dr. Sam. “It’s refreshing to be able to give hope to so many people who have been hopeless about their health for years.”

Are YOU READY for a Comprehensive Curriculum?

Sherman College's Doctor of Chiropractic program has earned a global reputation for producing chiropractors who are known throughout the industry as "great adjusters" because of the skill and art of chiropractic they deliver to patients.



Relevant, Hands-on, Personalized

Our balanced curriculum offers the ideal blend of basic science, chiropractic technique and philosophy, practice management and compassionate care:

- Technique courses comprise **600 hours of classroom instruction**, with many elective technique courses and seminars available.
- Get hands-on experience with your **1.5-year internship** in the on-campus clinic.
- Our academic support program provides you with **ongoing mentoring** to ensure you are successful in this rigorous academic program.
- **Evidence-informed curriculum and practice** offers opportunities to conduct research.
- All students receive **iPads at no additional tuition cost**, fully loaded with everything from syllabi to e-books, to support your academic success.

Prep for Practice Success with G10: Graduation Plus 10

Sherman College's unique G10 business curriculum (in cooperation with TLC Coaching) provides the necessary skills for your success as a practitioner and entrepreneur. You will learn the practical aspects of establishing, operating and growing your practice and develop a game plan for eliminating student loan debt and building prosperity within the first 10 years after graduation.

Practice Management 101

Our Practice Management Observational Elective is another great way for qualified students to get real-world experience on the business basics of running a practice. This structured field experience immerses you in practice management procedures, such as record keeping, third-party pay and reporting, patient education and public relations, along with patient consultation and doctor-patient relationship development.



A portrait of Dr. Letitia Smith, a young Black woman with curly hair, wearing a blue blazer over a white floral top. She is smiling and has her arms crossed. The background is a blurred outdoor setting with trees.

Dr. Letitia Smith
Class of 2018
Practicing in Niceville, Florida

READY to help families embrace chiropractic as a lifestyle

As an undergraduate student, Dr. Letitia Smith planned on a career in neurology, but her own experience in college as a chiropractic patient changed the trajectory of her life.

By her senior year, Dr. Smith realized her ideas about caring for people's health had shifted so dramatically that she chose not to apply to medical school. Inspired by her experience as a patient, Dr. Smith began researching more about chiropractic.

"I fell in love with the true science, philosophy and art behind the profession," she said. "Everything lined up with the type of doctor I wanted to be and how I wanted to serve my community."

When Dr. Smith graduated from Sherman College, she was honored with the school's Service Distinction Award for her dedication to the community and to her industry. Now, even with a thriving practice to manage, she still makes service a priority.

She serves on the board of Children in Crisis, a nonprofit organization that houses abused, neglected and abandoned children and keeps siblings together, and gives back to her community through a variety of other volunteer opportunities.

At her practice in Niceville, Florida, Dr. Smith serves adults and children from all walks of life. She recently earned certification for the care of pediatric patients and pregnant women.

Part of Dr. Smith's mission as a doctor of chiropractic is to educate her patients and the public about the importance of understanding the causes of their pain and dysfunction and restoring proper nerve function rather than simply chasing symptoms.

"I want people to understand that their body is self-regulating and designed with the amazing power to heal. As chiropractors," she added, "We have the opportunity to educate and help people improve their quality of life. Being a chiropractor is not just a career, it is a great responsibility."

READY to apply hands-on learning in practice

Josh Black has been playing baseball since he was big enough to swing a bat. Two chiropractors he met playing sports -- recreation league coach Dr. Tim Clare, and Dr. Nevin Markel, a sports chiropractor -- inspired his interest in the field.



Joshua Black
Class of 2022
Hometown: Lexington, SC

“Dr. Markel helped me get back on the field after multiple injuries in high school, when both orthopedics and physical therapy didn’t help,” Josh said. “Both doctors were very influential in my journey to chiropractic school.”

Josh attended a small private college where he played NCAA Division II baseball while pursuing a B.S. in Health Science. During his undergraduate studies, Josh shadowed various medical professionals. The insights he gained from shadowing tipped the scales in favor of chiropractic.

“When I first got to Sherman, I knew next to nothing about the philosophy and principles behind chiropractic, but through our awesome philosophy professors, I’ve come to truly appreciate Sherman’s emphasis on vitalistic principles and its focus on subluxation-centered practice.”

“The science classes are important, but at the end of the day, chiropractic is a hands-on profession,” he said. “The best way to develop those skills is to practice, so I really appreciate all of the palpation and technique classes in the curriculum.”

Students frequently remark on their appreciation for the sense of family that connects everyone on campus. Josh is no different.

“I started my time at Sherman with some of the coolest, friendliest and all-around good people I’ve ever met,” he said. “We’re all basically a big family, and that camaraderie and companionship has been invaluable to me.”

Are YOU READY for hands-on learning?

We help you build a strong foundation in spinal analysis and technique in your classes. You'll apply that knowledge during a 1.5-year internship in our campus clinic. Working side-by-side with licensed faculty, you'll provide quality, affordable chiropractic care to patients from local and surrounding communities. You'll develop strong doctor-intern-patient relationships while earning progressive responsibility for your patients' care.

30,000

Average annual number of patient visits at Sherman College's on-campus Chiropractic Health Center.



Developing your technique, changing lives

You'll use advanced techniques, modern chiropractic analytical and adjusting equipment, current research data and the latest technology in our digital x-ray and cone beam computed tomography (CBCT) suites. You'll manage challenging cases -- including patients with serious health concerns, and play a leading role in improving the health and well-being of patients through the chiropractic care you provide. You'll get to experience first-hand how profoundly chiropractic can impact people's lives.



Enrich your learning experience

Explore your interests in chiropractic with a variety of opportunities, including elective courses, clubs, guest speakers and faculty workshops, or choose from three specialized internship programs to focus on a specific area of clinical practice: X-Ray Internship Program (XRI), Patient Education Internship Program (PEIP), and the Academy of Chiropractic Excellence (ACE). In addition, the highly selective **Senior Internship program** helps students build confidence and mentoring skills by working in the clinic in a limited supervisory capacity to assist lower-quarter interns with case analysis, plan of care and patient management.

The bottom line?

You'll develop clinical competency, be well-prepared for licensing exams and become a highly skilled, compassionate, ethical and successful doctor of chiropractic.

Are you ready for South Carolina?

The perfect place to learn & live

Located in the Upstate region of South Carolina, Spartanburg is the fourth largest county in the state by population. Our city of 40,000 people is part of a larger metropolitan area of 300,000 that is known for its beauty, quality of life and friendly people. It's also one of the most affordable cities, with a cost of living approximately 10% below the national average.

Year-round outdoor fun

Set in the foothills of the beautiful Blue Ridge Mountains, Spartanburg boasts a mild climate, with four distinct seasons and mild weather with year-round access to more than 200 miles of walking and biking trails and other outdoor activities. Average temperatures range from 41° Fahrenheit in January to 88° Fahrenheit in July.



A hub of activity

Spartanburg's rich cultural offerings include a bustling arts and music scene, extensive educational opportunities, musical heritage and racing legacy, and wonderful food. Spartanburg is home to seven colleges with 15,000 students.

In the middle of everything

While you'll find plenty to do here in Spartanburg, you don't have to go far for a big-city feel. Charlotte, Atlanta, Asheville and Charleston are all close by.



Are YOU READY?



SHERMAN COLLEGE
of CHIROPRACTIC

Business Card

What's next?

Schedule a campus visit www.sherman.edu/visit

Meet our faculty. Talk with students. Attend class. Tour campus.
See for yourself why Sherman College is the ideal place for your chiropractic education.

Apply for admission www.sherman.edu/apply

Ready to secure a spot in the enrolling class of your choice? New quarters begin in January, April, July and October. Apply online now.

www.sherman.edu



SHERMAN COLLEGE
of CHIROPRACTIC

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